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“I pray that our Lord may give you a corner of his heart to remain there till the end. Do not try to do miracles or wonderful works but learn to be meek and humble.” Bishop S. Ferrando.

My dear Sisters,

Month of June is dear to all of us as it is dedicated to the Sacred Heart of Jesus, the greatest expression of love that is infinite and immeasurable. Let this time be another opportunity for us to get closer to our Lord Jesus. As we spent time in prayer, gazing at the tabernacle, let us have the eyes of faith, mind to understand and a heart to trust in Jesus who promised to be with us until the end of the age. Pope Francis has said, “Popular piety highly values symbols, and the Heart of Jesus is the ultimate symbol of God’s mercy. But it is not an imaginary symbol; it is a real symbol which represents the centre, the source from which salvation flowed for all of humanity”.

The Gospels present to us different expressions that portray the Heart of Jesus. In the Gospel of Mathew we find the words of Jesus himself: “Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you , and learn from me: for I am gentle and humble in heart”(Mt 11:28-29). Another instance is found in John’s Gospel that narrates the scene of Calvary. “... one of the soldiers pierced Jesus’ side with a spear, bringing at once bold and water came out” (Jn 19:34). John who witnessed the event affirms it as the fulfillment of the prophecies: from the Heart of Jesus, the Lamb sacrificed on the Cross, flow forgiveness and life for all people.

When we honor the Heart of Christ, our homage lingers on the person of Jesus in whom we see the fullness of love. This love of Christ towards us was the moving force behind all he did - his suffering and death: at Nazareth, on the Cross, in giving Himself in the Blessed Sacrament, in His teaching and healing, in His praying and working. When we speak of the Sacred Heart, we mean how Jesus has shown us His Heart, a perfect model of love of God and neighbor. “The heart” is the inner-most life of a human person. We see in the life of Jesus that his heart always radiated truth, goodness, and beauty.

Jesus handed down for all time the fundamental feature of His character: "... learn from me; for I am gentle and humble in Heart" (Mt 11:29). Let us take time to ponder on these words of Jesus,

that we may have a better understanding of the heart of Jesus. He invited all friends and rivals, and refused none by his unconditional generosity. The meaning of love in the life of Jesus was especially evident in his sufferings. Out of love for his Father He willed to undergo the death on the Cross. "But I do as the Father has commanded me, so that the world may know that I love the Father" (Jn 14:31). It is beautiful to think of His divine Heart as the source of all comfort and shelter from all evil, loving us all in an intimate and individual way, with a paternal love that inflamed His Heart during his earthly life, urging Him to open a shelter for us that we can find all joy in the refuge of His Heart.

Devotion to the Sacred Heart impels us to give him the due honour and to render our service for the love of God. This devotion takes an important place as it lays the foundation on which we build God's Kingdom in the hearts of individuals, families and society. It teaches us the perfect way to live our lives, leading us to everlasting peace and joy.

We are called to witness Christ and make Him known. Dear Sisters, let us live our lives worthy of His call; let us live our commitment to the full and extend our love and care to all. Let us make every effort to imitate the heart of Jesus by giving consolation, comfort and shelter to others, especially to our sisters in the community and the people who are under our care. May we become the channels of God's love and mercy!

I wish each of you dear Sisters, a HAPPY FEAST OF THE SACRED HEART OF JESUS and a MEANINGFUL DAY WITH FOUNDER ON 20 JUNE as we commemorate the death anniversary of our beloved Founder.

Yours affectionately in the Sacred Heart of Jesus,



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